

Costa Rica

A Journey Through Nature

2027 Jan 26 - 29



DETAILED ITINERARY

Day 1, 26 Jan 2027

Private ground transfer from your Windstar ship's arrival port in Puerto Caldera to the hotel - including visit to Carara National Park and Jungle Crocodile Safari Tour along the way.

Nature Walk at Carara National Park

Carara National Park is a biodiverse protected area on Costa Rica's Central Pacific coast, known for being a transition zone where tropical dry forest meets rainforest. Located off Route 34 near Tárcoles and about 30 minutes north of Jacó, it is famous for birdwatching—especially its large population of scarlet macaws.

The Carara National Park, which in indigenous *Huetar* language means **"River of lizards",** has the only transition forest in Central Pacific, resulting in diversity of flora and fauna, where converge typical species of dry and humid forests.

This Ecosystem supports over 400 bird species alongside mammals, reptiles, and amphibians – upon visiting you will probably experience scarlet macaws, toucans, white-faced capuchin and howler monkeys, coatis, sloths, anteaters, poison dart frogs, and iguanas. The nearby Tárcoles River is also known for American crocodiles.



Lunch included in a local restaurant.

Jungle River & Crocodile Adventure (regular)

Experience the **Jungle Crocodile Safari: Tárcoles River Wildlife & Bird Watching Tour**, an authentic 1.5-hour adventure through one of Costa Rica's most biodiverse ecosystems. Cruise along the famous Tárcoles River aboard our comfortable and safe pontoon boats while enjoying spectacular tropical scenery and abundant wildlife.

Observe giant American crocodiles in their natural habitat, spot colourful tropical birds, monkeys, iguanas and other native species along the riverbanks. Continue through the beautiful Guacalillo mangrove forest, an important wildlife sanctuary and one of the richest ecosystems on Costa Rica's Pacific coast.

Water-running reptiles- The green basilisk lizard can sprint across the surface of water when startled. Be on the look out.

Along the way, your expert bilingual guide will share fascinating information about the region's wildlife, ecology and conservation efforts. Enjoy outstanding opportunities for wildlife observation and nature photography in a setting unlike any other in Costa Rica.

OF INTEREST:

Despite being smaller than West Virginia, **Costa Rica holds nearly 5% of the world's known species, including over 300,000 insect species and more than 900 bird species**

The national animal is a deer: Instead of a monkey, sloth, or big cat, Costa Rica's national animal is the white-tailed deer, which is shy and harder to spot than monkeys in the forest.



Four Points by Sheraton San José / Standard Room / Breakfast Included
In: 26 Jan 2027 Out: 29 Jan 2027 (3 Night/s)

Day 2, 27 Jan 2027

After breakfast, departure on Rain Forest Aerial Tram Tour including tram ride, zipline and butterfly farm visit.

Discover the wonders of Costa Rica's rainforest from every angle—ground level to the very **tops of the trees**. The Aerial Tram Tour invites you to soar gently above the lush canopy, unlocking the hidden secrets of the forest while taking in **breathtaking** views of Braulio Carrillo National Park.



Your adventure doesn't end in the sky. After your gondola ride, enjoy a guided nature walk where every step brings you closer to the rainforest's **incredible biodiversity.** Stroll through the butterfly and orchid gardens, and complete your journey at the terrarium, where fascinating amphibians and reptiles await. This experience is more than a tour—it's an **unforgettable immersion** into the beauty and life of the Costa Rican rainforest.

The Zipping **Canopy Tour** is one of Costa Rica's must-try adventures—and the perfect way to challenge your limits! Feel the rush of adrenaline as you glide safely from platform to platform, soaring through and above the lush rainforest of the iconic **Braulio Carrillo National Park**.

As you zip along the cables, you'll take in breathtaking views of the forest canopy and, on some stretches, even cross over sparkling rivers. It's an exhilarating combination of adventure, nature, and pure Costa Rican magic.

Lunch included on the tour



OF INTEREST: Ziplining started in Costa Rica as a practical way to cross rugged terrain and study rainforest canopies without disturbing the forest floor - before becoming a thrill ride. Today, commercial ziplines operate on six continents—every continent except Antarctica.

In parts of China, residents and schoolchildren have used cables to cross steep gorges and rivers when roads or bridges aren't practical (they zipline to school).

Cocoa farmers in parts of Bolivia have used ziplines since the 1950s to move crops out of jungle areas

Day 3, 28 Jan 2027

After breakfast, departure on Guayabo National Monument & Hacienda Orosi Tour.

Guayabo National Monument is one of the largest and most important archeological finds in Costa Rica, Guayabo National Monument is likely to have been the residence of approximately 10,000 people about 3,000 years ago. To put this in perspective, Machu Picchu is roughly 575 to 606 years old, having been built in the 15th century.

You will find the largest pre-Columbian ruins that have been discovered in Costa Rica to this date. A bustling city at around AD 800, archeologists believe the site was populated from 1000 BC to 1400 AD. For no known reason, the city that many believe was a key regional center for politics, culture, and religion became a desolate landscape.

The monument's mission is to protect past, present, and future archeological exploration by safeguarding the structural remains of this ancient city. Significant restoration has already been completed, and awareness of the pre-Colombian period is actively promoted.



OF INTEREST:

Civil engineering recognition: In 2009, the American Society of Civil Engineers named it a World Heritage of Civil Engineering landmark for its stone aqueducts, water storage/filtration tanks, and paved roads.

Stone mounds, not Maya pyramids: Rather than Mesoamerican-style pyramids, its circular and rectangular mounds—built from rounded river stones—once supported wooden structures and connected via roads, bridges, and steps.

Hacienda Orosi including lunch

Enjoy a full day of relaxation and nature with the **Day Pass at Hacienda Orosi**, a true paradise of natural hot springs surrounded by mountains, rainforest, and breathtaking views of the Orosi Valley.

Perfect for those seeking wellness, tranquility, and a deep connection with nature.
This tour offers an unforgettable experience at Hacienda Orosi, featuring access to the mineral hot springs, perfect for relaxation and enjoying their healing properties. You'll also participate in the Coffee Tour Adventure, where you'll learn about the coffee cultivation and production process in an authentic setting.

Additionally, you'll have the opportunity to explore the farm, interacting with animals and discovering rural life. To complete your day, you'll enjoy a delicious lunch that highlights local flavors, all set in a stunning natural environment.




Guide of GWA, Hacienda Orosi entrance fee with lunch / Lunch included

Day 4, 29 Jan 27

Departure transfer on your own.

See you Soon, Costa Rica!

All good things must come to an end, and it's time to say goodbye to this magical land and its wonderful people.

Remember to arrive at the airport at least 3 hours before your flight to avoid any last-minute stress.

We truly hope to see you again soon so you can continue experiencing the pura vida that only Costa Rica can offer.

INCLUSIONS

LODGING:
3 nights lodging at Four Points by Sheraton San José. (Breakfast Included)

TRANSPORTATION & GUIDE SERVICES:
3 days of Full Day of Guide Service (English or Spanish Speaking Guide)
3 days of Daily Transportation

ACTIVITIES & MEALS:
3 lunches per person
Carara National Park in Tarcoles River
Jungle River & Crocodile Adventure in Tarcoles River
Rain Forest Aerial Tram Tour including tram ride, zip line and visit to the butterfly farm.
Aerial Tram in Guapiles Town
Guayabo National Monument in Turrialba Town
Hacienda Orosi entrance fee
24/7 professional logistics support during your trip in Costa Rica.

LODGING DETAILS

Date In: 26 Jan 27 Date Out: 29 Jan 27

Four Points by Sheraton San José
Standard Room (1-9 Rooms) with Breakfast Included

Make your next stop at Four Points by Sheraton San José Costa Rica, right in the heart of the lively Lindora neighborhood. Just 6 km/4 m from Mall Multiplaza Escazú and 12km/7.5m from Juan Santamaria International Airport, this location offers convenient access to the Central Pacific via the Próspero Fernandez highway. Nearby, you'll find plenty of parking, tons of great dining options, shopping centers, and great entertainment. Kick back in one of the 153 comfy rooms with anti-noise windows, Wi-Fi, 49" TVs, and plush beds.

Unwind with simple pleasures like sunbathing by our pool or working out in the gym, then grab a bite with a brew at the restaurant, serving the best local and international dishes. If you're here for work, we've got productive workspaces and a meeting room that fits up to 100 guests, perfect for events or intimate weddings. Experience the perfect mix of relaxation and convenience at Four Points by Sheraton San José.



EXCLUSIONS

Optional tours
Departure transfer
Meals not mentioned in the itinerary
Airfare
Tips
International Travel Insurance